



## **Buddy Walk and 5K FUN RUN!**

hosted by **Trisomy 21** Foundation of NNY

**Saturday, September 15, 2018**

Registration begins at 9:00am, walk 9:30am

Thompson Park Rotary Pavilion

T-shirts with new design will be available for \$10

**Covered dish and kickball after the walk/run for anyone who wishes to participate**

Ask your friends, family, co-workers, teammates, church groups, etc. to join you in this family friendly celebration.

### **Who we are:**

**Trisomy 21** is a group in Northern NY that works to support and provide opportunities for individuals with Down Syndrome and their families.

Our Mission is to develop a comprehensive and integrated approach to improve the quality of life of adults and children with Down Syndrome through education, funding and research. We promote the acceptance of people with Down Syndrome as full citizens of their communities. In addition, we strive to provide support to each other and to families and loved ones of individuals with Down Syndrome and other disabilities.

For more information about the Buddy Walk or Trisomy 21 Foundation of NNY

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